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From the Principal's Desk

"Drizzles and Distinctions" – A Season to Celebrate

As the gentle drizzles of the monsoon awaken the earth with new life and fragrance, our hearts too are filled with the joy of renewal and celebration. The rainy season, with its cool breeze and rhythmic pattern of rain, brings not only relief from the summer heat but also mirrors the rhythm of progress in our students' lives. Just as the earth blossoms under the nurturing rain, our students have flourished under guidance, perseverance, and their own untiring effort. This season is symbolic — of growth, reflection, and achievements.

"Drizzles and Distinctions" is more than just a celebration; it is a heartfelt recognition of academic excellence, personal development, and collective success. The raindrops today echo applause for every child who has dared to dream and worked hard to realise it. Their distinctions, whether in studies, arts, sports, or leadership, are like rainbows formed by the union of effort and opportunity.

As the Principal of this esteemed institution, I take immense pride in our students' achievements. Each award, certificate, and cheer is a testimony to the commitment of teachers, the support of parents, and the unstoppable spirit of our young learners. Let us cherish this moment as a milestone and a motivation for future aspirations.

May the joy of the rains continue to inspire growth in every child's journey. Let us celebrate both the season of rain and the season of success — together.

Smita Pendharkar, The Orbis School, Mundhwa

Big News!

Full Marks, Full Pride: RIDS Recognizes Our School's Excellence

It is our pleasure and privilege to announce that the school has won the award for the Recognition of International Dimension in Schools (RIDS) Programme. The e-dossier submitted for assessment and acceptance, received full marks in all evaluation categories—an awesome achievement! The collaboration with a Sri Lankan school stood out strongly and fruitfully among the efforts made, thus broadening global insight and cultural exchange among students. This recognition marks relentless motivation put forward by our Directors and Director Principal, as well as the tireless efforts put in by our Principal, Headmistress, Coordinators, Teachers and Help Staff. Congratulations to the school community! Here's to many more such inspiring opportunities of global learning in the future.

Reema Khurana, MS Coordinator

Flavours from our orchard

Our five senses (10th to 13th June)

Sense organs are specialised parts of our body that help us understand and respond to the world around us. There are five main sense organs: eyes, ears, nose, tongue, and skin. These organs send messages to our brains, allowing us to understand what is happening in our environment. They are essential for our daily life, as they help us stay safe and aware. During this week, the pre-primary children enjoyed a live sensory station where they could see, touch, taste, and observe objects related to the sense organs.

Mariyam Rajani, CT Nursery Apple



Beautiful Me (16th to 20th June)

Personal hygiene involves keeping our bodies clean, which is like giving ourselves a little love and care every day. Students learned healthy hygiene practices, including brushing their teeth twice a day, taking a bath daily, and washing their hands before and after every meal. The children enjoyed a fun, hands-on activity where the teacher demonstrated how to keep a doll clean and practice good hygiene. A hygiene station was set up with all the necessary items for personal hygiene, and students were encouraged to use them appropriately.

Sneha Kank, CT Jr KG Apple



UN Yoga Day 19th June

Breathe in, stretch out! Our little Orbiens celebrated Yoga Day with mindful moves and happy hearts. The event introduces children to the benefits of yoga through fun and engaging activities. Children participated in a special assembly where they learned various yoga poses and breathing exercises. The assembly successfully promoted fitness and mental well-being, culminating in a mass yoga session for all students.

Samreen Patel, CT Jr KG Orange

Let us keep clean (23rd to 27th June)

Cleanliness is not just a habit; it's a way of living that ensures health, harmony, and happiness for ourselves and those around us. Students of Pre-Primary learned the importance of cleanliness both for themselves and their environment. This early education is a foundation for good habits that contribute to personal hygiene and a healthy community. Students learned basic hygiene practices to prevent illnesses and promote overall well-being. Students were encouraged to keep their classrooms and play areas clean and dispose of waste properly. Teachers emphasised the importance of taking responsibility for one's belongings and keeping them in the correct place.

Samreen Patel, CT Jr KG Orange



My Family and Extended Family (30th June to 4th July)

It is rightly said that a child's first classroom is their home, and their first teachers are their family members. Celebrating the special bond that each child has with their family members, we explored the theme, My Family and Extended Family. Our little Picassos created family portraits and a family tree. Through stories, songs, and rhymes, they learned about the uniqueness of each family and each family member. Through the activities, our tiny tots understood that small or large, far or near, all families are filled with love and are safe spaces.

Amrita Choudhury, CT Sr KG Apple



Movie Week (30th June to 4th July)

Students had a wonderful time during an exciting movie week! They watched a variety of films featuring magical adventures with talking animals, adorable super heroes, and funny cartoons. Everyone was filled with excitement, and even enjoyed some popcorn! Educational movies not only make us laugh but also encourage us to think and learn new perspectives. All the classrooms were filled with laughter and the delightful fragrance of popcorn.

Sneha Kank, CT Jr KG Apple



Community Helpers (7th to 18th July)

A Big Thank You to Our Community Helpers, who support us in various ways, ensuring our health and well-being. In our lessons, children learn about different community helpers such as doctors, nurses, police officers, and firefighters, along with their specific roles. Additionally, children understand whom to reach out to during times of crisis or emergencies. To reinforce this lesson, we engaged in a "show and tell" activity where our Pre-Primary students selected their favorite community helper and shared a few lines about them. This theme in kindergarten is not just an educational experience; it is a celebration of the people who make our lives safer and more enjoyable.

Ratnapriya Lalwani, CT Sr KG Orange

Fireless Cooking (19th July)

To celebrate creativity, health, and teamwork our school organised a Fireless Cooking Competition for our enthusiastic Pre-Primary students and their equally excited parents. It was a colorful, flavorful, and fun event that provided our young chefs with a playful, flame-free introduction to the world of cooking! Each child, along with a parent, prepared a nutritious, fireless meal. The variety and presentation of the dishes were simply amazing, featuring everything from bhel and sandwich monsters to inventive pastries and refreshing salads! In addition to creating delicious food, the goal was to promote healthy eating habits and highlight creativity. Our children discovered that cooking can be fun, healthy and safe, even without fire. The contest provided a hands-on learning opportunity that deepened their understanding of both culinary skills and nutrition.

Amreen Sabuwala Co Lower Primary



Season - Monsoon and Autumn (21st to 25th July)

Knowledge about the seasons makes young children aware of their surroundings, promoting curiosity and affection towards nature. A special assembly on the monsoon season made students realise the significance of seasons and how they differ from the weather. The topic was also reiterated through different activities like making a paper boat and drawing the rainy season. These activities helped students understand the weather patterns and changes that take place in each season.

Shamim Salim, CT Sr KG Mango

DEAR Hour (24th July)

Reading is a mental exercise that helps children develop their imagination and critical thinking skills. A D.E.A.R. (Drop Everything And Read) hour session was held for all the Pre-Primary students, along with their class teachers, who participated in the event with great joy and enthusiasm. The students immersed themselves in books, exploring different worlds of imagination. From "Animal Tales and Jungle Fun" to "Quiet Time Reads," there was something magical for every curious reader. We firmly believe that nurturing a child's love for reading is crucial and essential. If a child develops this love at a young age, it will become a lifelong habit, which they will likely pass on to future generations.

Ratnapriya Lalwani, CT Sr KG Orange



I Know More, I Grow More



New Parent Orientation (6th June)

The Parent Orientation program is aimed at helping parents understand the school's vision, values, and academic framework. During the session, the parents are provided with a comprehensive overview of both classroom and co-curricular activities available to students. She also shared valuable insights regarding the curriculum and assessment methods utilised at the school. An interactive session followed, allowing parents to ask questions and express their expectations. The orientation concluded with a strong message promoting open communication and collaboration to foster confident and responsible learners.

Rina Ghosh, CT 4 Vega



School reopening (10th June)

The first day of school reopening brought a whirlwind of emotions—excitement intertwined with nervousness. As I realised the time had come to return, I felt an anxious flutter in my stomach. The classroom was alive with chatter, and it was heartwarming to see everyone eager to share their stories after such a long break. My class teacher welcomed us with her gentle smile, saying, "Good morning dear!" Though I felt a bit shy at first, I quickly found my comfort in the familiar faces around me. At Orbis School, learning is not just an activity; it feels like a nurturing environment where I can genuinely thrive among my caring teachers and dear friends.

Aashavi Sharma, Student 5 Vega



Visit to Paraplegic Rehabilitation Centre (11th June)

The members of Interact club visited the Paraplegic Rehabilitation Centre (PRC) in Khadki, Pune, which supports paralysed soldiers from the Indian Armed Forces, including the Air Force and Navy. Despite severe physical challenges, the soldiers are trained to lead independent lives through activities like mouth painting and sports. The centre has a modified gym, courts for basketball and badminton, and a special swimming pool. Many residents have won medals in the Paralympics. The opportunity to meet Dr. (Col.) Ratan Kumar Mukherjee, inspired us with his message of resilience. It was a heartwarming and eye-opening experience for all. The visit encouraged empathy, respect, and a deeper understanding of sacrifice and resilience. It left a lasting impact on the young minds and was indeed grateful to the sponsors for making this meaningful visit possible.

Sanjeev Sarolkar, Student 8 Sirius



Health Check-up (16th June)

The Orbis School recently conducted a health check-up to support student well-being. The assessment included measuring height and weight to monitor growth, vision screenings to detect eyesight issues, and dental examinations to identify oral hygiene concerns. Additionally, students were evaluated for existing medical conditions or allergies, with updates made to their health records. This proactive approach ensures better care and safety during school activities.

Vartika, CT 3 Deneb



UN Yoga Day (20th June)

On June 21st, we celebrated International Yoga Day in a lively session for all Orbians, led by the inspiring Ms. Ovi Kavitar. Despite the rain, students of all ages enthusiastically embraced various asanas, with the soothing sound of raindrops creating a magical atmosphere. The session highlighted the incredible benefits of regular yoga practice, including enhanced flexibility, better posture, and improved focus. This vibrant celebration reminded everyone that yoga is more than just exercise—it's a holistic lifestyle!

Pronit Samal, Student 12 Deneb

Inter-House Poster Making Competition (26th June)

Our planet's alarm is going off, and it is time to wake up and take action! —Leonardo DiCaprio

Our school recently held an Inter-House Poster Making Competition that focused on the subject "World Environment Day". The different houses distinguished themselves through their impactful posters which demonstrated the essential requirement to protect our ecosystem. Each poster, created by the students, depicted environmental stories through melting glaciers and burning forests as well as hopeful green trees and clean rivers which conveyed messages beyond words. The event created a colourful explosion of artistic expression which combined purpose with passionate creativity. It dawned on our students that saving Earth is not a day's task — it is a lifelong mission; and sometimes, it starts with just a poster. For Results, refer 'I did it'

Anika Upadhyay, 8 Rigel



Workshop on Drug Abuse Awareness (25th June)

To promote a healthy and drug-free lifestyle among students, our school recently organised an informative and interactive workshop on drug abuse in the school atrium. The audience included students from grades 9 to 12, along with teachers and school staff. Mr. Digambar Chavan, PSI Anti-Narcotics, delivered an impactful session highlighting the dangers of drug abuse, its detrimental effects on mental and physical health, and effective strategies to resist peer pressure. Through engaging presentations, real-life case studies, and open discussions, students were encouraged to understand the severe consequences of substance abuse. The workshop not only educated the students but also inspired them to spread awareness among their peers and families.

Umamah Khan, Student 9 Vega

Inter-House Singing Competition (26th June)

On a Friday morning, the atmosphere in the MPH at the Orbis School Mundhwa, was electrifying, as students gathered to witness the much-awaited Inter-House Singing Competition. The event celebrated talent, teamwork and the timeless joy of music. Participants from classes 6 to 8 showcased their vocal talent with synchronised harmony and creative choreography.

The panel of judges, comprising professional musician Mrs. Maitreyee Mazumdar, Principal Smita Pendharkar and Headmistress Ms. Preeti Gurnani, congratulated the participants, praised the quality of the performances and appreciated the spirit of healthy competition. Seeing how music can so beautifully unite our students was encouraging. All the voices on stage were winners. A true reminder that while the competition was fierce, the music was what truly united them all. For Results, refer 'I did it'

Reya Sahu, Student 7 Rigel



Solo Dance Competition (27th June and 11th July)

"Let your spirit soar, let your feet explore!"

The Solo Dance Competitions for Classes 1 to 5 were a thrilling showcase of creativity! Students captivated the audience with their unique talents and dedication, leaving everyone in awe. Our energetic master of ceremonies guided the event with warmth and charisma. With uplifting patriotic and motivational songs, this celebration of self-expression and community will be unforgettable for all involved!

Komal Kumari, CT 1 Vega

Movie Week (30th June)

Movie Week was an exciting and joyful time for classes 3 to 12 at Orbis School. Over five days, students watched a variety of age-appropriate films—from fun animated adventures to inspiring and thoughtful stories like Aladdin, Chestnut and Anne Frank's Diary. After each movie, students joined in creative activities like drawing, storytelling and acting. The week wasn't just about fun—it also helped students learn important values, improve their listening skills, and share special moments with their classmates. Classrooms turned into mini cinemas, filled with smiles, popcorn, and powerful messages. For students in classes 9 through 12, the highlighted film was Pixar's Inside Out, an animated film that uses the tale of an 11-year-old girl named Riley to examine human emotions. The five main emotions—Joy, Sadness, Anger, Fear, and Disgust—combine to guide Riley through significant life transitions as viewers follow her emotional journey through her head. The movie clearly depicted the value of every emotion and their part in our mental health. It was a week to remember for all the Orbians!

Sweta Brahmaniya, CT 3 Rigel



Field trip (05th July)

Fuelling Curiosity - Celebrate Learning! Field trips sparked joy and learning as students explored nature, history, and science. Classes 1 and 2 visited the Amanora Fire Station, marvelling at the firefighters and their gear. At the National War Memorial, they honored the bravery of our armed forces. Class 3 enjoyed the serene Deshpande Garden, while Class 4 explored the historic Aga Khan Palace and paid tribute at Kasturba Gandhi's Samadhi. Grade 5 was fascinated by the Joshi Miniature Railways Museum's working mini trains and colorful exhibits. Each trip was a journey of wonder and discovery!

Meenu Sharma, CT 4 Sirius



Mental Health Awareness Workshop (7th- 8th July)

Have you ever felt overwhelmed by emotions or tried everything to calm down, yet you still felt upset?

To help students navigate such experiences, a workshop was conducted at our school by Connect Trust. The session focused on identifying our emotions and expressing them healthily and constructively. Through various interactive activities like breathing and calming techniques, role plays, and hands-on tasks, students understood the value of sharing their thoughts and feelings with a trusted person during transitional years. Common fears around judgment and misunderstanding were addressed in order to build confidence in self-expression among students. Such initiatives play a significant role in supporting students' mental well-being, while also fostering strong communication skills and emotional resilience.

Aarush Rode Patil, Student 6 Vega



Periodic Test 1 (12th – 23rd July)

Students of Classes 3 to 9 and 11 appeared for Periodic Test 1 with enthusiasm and determination.

The exams tested not only knowledge but also time management and problem-solving skills.

We discovered that assessments are not just about marks—they shape us for life beyond school.

This assessment helped students understand their potential and encouraged them to reflect, improve and move forward with confidence. It reminded the students that true learning is a continuous journey not a destination!

Aahana Bansal, Student 10 Vega

CCA Display (18th July)

The Art and Craft club encourages young artists to pursue their hobbies and express their thoughts, feelings, and observations through the use of colours, textures, and patterns. It also helps them develop their cognitive and critical thinking abilities. To showcase their learning, a CCA (Co-Curricular Activities) Display was organised by the class 1 students, where they exhibited the beautiful artworks they created in front of their parents. What made the event truly special was the enthusiastic participation of parents, who not only supported their children but also joined in the fun by creating beautiful artwork themselves.

Shubhangi Sen, CT 1 Rigel



DEAR Hour(24th July)

The School hosted its DEAR Hour – Drop Everything And Read – in an attempt to cultivate the reading habit among students. During that hour, all staff and students stopped whatever they were doing and read a book of their choice. The school-wide atmosphere was peaceful and engaging, with all students focused on reading. This activity is aimed at developing in students a love for books, as well as emphasising the importance of reading daily. The DEAR hour was an easy yet meaningful event that students enjoyed and appreciated.

Prajwal Shankar, Student 12 Deneb



Investiture ceremony(25th July)

The Investiture Ceremony for the academic year 2025–26 marked the formal induction of the newly elected Student Council, a momentous event that celebrated leadership, responsibility, and dedication.

The event commenced with our school song, establishing a dignified atmosphere. Appreciation certificates were given to the outgoing council for their commitment and exemplary service. The highlight of the day was awarding of badges and sashes to the new council members- School Captain Pronit Samal, Vice - Captain India Panicker, and Sports Captain Soumya Khot, by the directors, teachers and parents. Student leaders from all four houses along with Junior Council from Grade 5 were also invested with great enthusiasm. The oath taking ceremony was a solemn moment as the council pledged to uphold the values laid down by the institution for the honour and glory of Orbis school.

The day concluded with an inspiring address by Shahrukh Sir who motivated the young leaders to lead with humility, courage, and responsibility. And above all, it is a celebration of learning—our school's very motto, and the spirit that binds us together.

Ojus Ansingkar, Student 12 Deneb



Club of the month

Storytelling club

"Listen, and you will realise that we are made not from cells or atoms. We are made from stories." - Mia Couto, Mozambican writer

June 18th marked the beginning of the CCA clubs for the upper primary section. Students enrolled in the storytelling club were excited and yet nervous, wondering what to expect. The first day of the club was dedicated to introductions. Students took the time to tell their own life stories. The teacher in charge introduced the objectives and activities planned for the club. The students left excited about the planned activities, such as creating their own stories and comic strips.

With the positive start, the storytelling club is looking forward to an exciting year ahead filled with stories, equipping students with confidence, life skills, important values and a moral compass to ensure their integrity in the future.

Mariya Dawasaz, CT 3 Antares



Quiz Club

The main objective of the Quiz club is to develop a desire for knowledge and increase confidence among the students. It also aims to organise and host periodical quizzes on specific topics among the members of the club to popularise engaging and educational quizzing activities. This year, the session commenced with the discussion on the theme "First in India". India being a rich and diverse history spanning thousands of years, the topic covered the information on the list of significant achievements in the world of science and technology, governance, defence, architecture and sports. All students participated with a healthy spirit of competition and zeal. These quizzing sessions served as a strong foundation in general knowledge, which is necessary to succeed in diverse fields.

Asmita Mallick, Student 7 Vega

Craft Club

The Orbis School in Mundhwa offers a range of co-curricular activities through various clubs for students in classes 3 to 5. These clubs provide opportunities to explore creativity and develop motor skills. Activities include paper folding (origami), collage making, and creating useful items from waste materials. The club activities began with making thank-you pop-up cards, which encouraged individual expression and collaborative learning.

Manisha Tribhuvan, CT 4 Rigel



Instrumental Music Club

This Club aims at providing the members with a radiant and enriching music experience. The children learned the value of music and its use for communicating emotions through engaging sessions. The Members were familiarised with instruments such as keyboard and guitar, learning about their fundamental structure and sound.

One of the most important aspects of their education was playing with major and minor chords—major chords sound cheerful, and minor chords evoke emotions and add depth. The children practised finger exercises to establish coordination and flexibility. This helped them gain basic musical knowledge and a solid foundation for their future education while having fun with music.

Sarvagya Sharma, Student 7 Deneb



Special Assemblies

Disaster Management (18th June)

During the special assembly conducted by 7 Vega, students performed a role play entitled "Panic vs Prepared: A Tale of Two Friends" to bring to light the need to remain calm in times of disasters. The performance was followed by Disaster Management Tips covering fire, earthquakes, floods, and storms. From "Drop, Cover, and Hold" to stocking an emergency kit, the session stressed that knowledge and preparation are the keys. The message was self-explanatory: Be Aware. Be Prepared. Be Safe.

Iraa Mutalik, Student 7 Vega



Yoga Day (20th June)

Orbians celebrated International Yoga Day with great excitement during the morning assembly at all levels. The day began with a peaceful prayer, followed by simple yoga exercises led by teachers. These activities helped students learn about the importance of staying healthy in both body and mind. A student gave a thoughtful speech on how yoga helps reduce stress, improve focus, and build a balanced lifestyle. The main takeaway was that yoga is not just about exercise, but also about finding peace within. Our Headmistress, Preeti Gurnani, praised everyone's efforts and encouraged students to make yoga a daily habit. She shared how yoga can bring calmness and discipline to our lives. The assembly ended with a positive message about mindfulness and healthy living.

Nivedita Sood, CT 4 Deneb



Campaign and Elections for Office Bearers (25th June- 4th July)

Students of classes 6 to 12 actively participated in the campaign and election process for selecting the student council this year. The campaign phase was filled with energy and enthusiasm—students showcased their leadership qualities through compelling speeches, innovative posters, and creative campaigning logos. This process gave them first hand experience of how democratic process works.

By voting, they not only selected their representative but also understood the value of responsible decision-making, fairness in behaviour and collaboration. The entire process was an excellent civic responsibility, leadership and school spirit lesson.

Vyom Chahal, Student 12 Deneb



Our Green Ways

The Nature Club is a heartfelt initiative focused on environmental education and student involvement. Our journey began with an inspiring launch session where our teacher shared the club's vision. A highlight was an interactive session with Ms. Poonam Nagarkar on "How to Draw a Forest," which deepened our understanding of the forest ecosystem. In June, we shifted our focus to medicinal plants, finding it both enlightening and uplifting. Our discussion on aloe vera and lemongrass was particularly engaging, and each participant took home a lemongrass sapling to plant—a wonderful hands-on experience that reinforced our learning. Seeing everyone share pictures of their growing aloe vera plants was so heartwarming. Being part of the Nature Club reminds us that even small actions can spark significant change. Every meeting gives us the opportunity to explore how we can care for our planet together, and it truly feels empowering!

Tanuj Argulwar, Student 8 Sirius



I did it

Skating His Way to Glory: Shourya Sets a World Record

Shourya recently participated in the "90 Minutes Continuous Skating" competition, skating for 1 hour, 25 minutes, and 25 seconds. His achievement was recognised by both the London Book of World Records and the Bharat Book of World Records on January 26th. He expressed his gratitude, saying, "Being selected for a world record event felt like a dream come true. Daily practice and support from The Orbis School helped me build confidence. This experience has been inspiring and motivates me to aim even higher."



Rhythm, Grace and Victory!

Vihika Purohit, a talented student of 4 Vega, has made her school proud by winning the 1st prize in classical dance at the prestigious state-level competition. Her graceful performance and dedication to the art form were noteworthy. This achievement reflects not only her hard work but also her passion for classical dance. Vihika's success serves as an inspiration to her peers and highlights the importance of cultural arts in education. Congratulations to Vihika for this remarkable accomplishment!



Storytelling - Turn of tales!

Reyansh Mehta of 3 Antares made us all proud by winning 2nd Runner-up in the Story Narration category at the Interschool Competition – Abhivyakti, held at Amanora School. With the theme "Turn of Tales", Reyansh captivated the audience through his creative storytelling, unexpected twists, and confident narration. Well done, Reyansh! Keep shining and sharing your stories with the world.



Robo Champions

The Kalyani School of Pune Organised interschool events on 27th June, 2025. Vihaan Kulkarni of 7 Sirius, Kavin Bhoge of 8 Vega and Arthav Naik of 9 Vega

secured third position in 'Roborampage' under category II. Kudos on your brilliant performance. You have made us all proud. Continue to shine.

Singing that Touched Hearts – A Melody of Memories and Triumph

Music has the power to touch the soul, and childhood songs—baleet—carry with them the sweet fragrance of innocence and joy. Our talented Grade 3 students brought this magic to life at the Interschool Shishugeet Mahotsav 25–26, themed "Bachpan ke Rang – Suron ke Sang." With voices that echoed with purity and passion, they captivated the audience and judges alike. Their heartfelt performance didn't just bring nostalgia—it brought home the Second Runner-up Trophy, a proud moment for us all!

Vaishali Desai, CO Upper Primary



Inter House Results:

Event/Participating Classes	IBA Creative Design 6-8	Inter House Singing Competition 6-8	Solo Dance Competition 3-5	Solo Dance Competition 1-2
EXPLORERS	2	4	3	1
GUARDIANS	1	2	3	4
INNOVATORS	3	1	2	3
VANGUARDS	4	3	1	2



Impressions and Expressions



पर्यावरण

पर्यावरण हमारे आसपास का वातावरण है। इसमें जल, जमीन और जीव-जंतु शामिल हैं। पर्यावरण हमारे जीवन में एक महत्वपूर्ण भूमिका निभाता है क्योंकि, प्रदूषित हवा, पानी से कई बीमारियां होती हैं। प्रदूषित

पर्यावरण का असर जानवरों पर भी पड़ सकता है। एक सुरक्षित और स्वस्थ जीवन के लिए हमें प्रदूषण को हटाना होगा। शुद्ध पर्यावरण के लिए हम पेड़ पौधे लगाकर हवा को शुद्ध कर सकते हैं। कम दूरी के लिए पेट्रोल या डीजल के वाहनों की जगह साइकिल का प्रयोग कर सकते हैं। ध्वनि प्रदूषण को नियंत्रण में रखने से सभी लोग स्वस्थ रहेंगे और वातावरण शांतिपूर्वक रहेगा। पर्यावरण की रक्षा करना हम सभी का कर्तव्य है।

“पर्यावरण बचाओ, स्वस्थ रहो।”

Erica Bajaj, Student 5 Deneb



पेड़ों की रक्षा

पेड़ कभी मत काटो भाई,

उनके सुख-दुख बाँटो भाई।

शुद्ध हवा हमको है देते,

बदले में हैं, कुछ नहीं

लेते।

गर्मी में देते हैं छाया,

कर देते हैं, शीतल काया।

पेड़ कभी मत काटो भाई,

उनके सुख-दुख बाँटो भाई।

Siddhi Shah, Student 5 Rigel

The world is a Rattrap!

What is a trap, they asked?

Is it something that calls you in then locks the door behind?

Could it be a place, or a feeling, where you're no longer happy?

Is that a trap too?

If that is what it is,

We're all trapped

Somewhere, in some way.

Tanushree Parvati, Student 12 Deneb



Progress, Pride and the People Left Behind!

As students led by reason, not force, it is necessary not to allow pride to become selective vision; it's hollow if it ignores those still struggling for life's dignities. We are rightfully proud of India's rise, its culture, its progress, economic milestones, our scientific achievements, and the architectural marvels that speak of our heritage. Yet, pride grows hollow if it glosses over those still waiting for life's necessities. Today, as we discuss eco diversity, I encourage us to broaden that lens. As sometimes in our pride, we forget to reflect. Sustainability isn't just about counting species in our forests; it's also about the well-being of every member of our society. We're now the world's 4th largest economy, surpassing even Japan. Yet in many regions, clean drinking water, reliable electricity, and adequate sanitation remain out of reach. If we let data do the talking, then India's world happiness index ranking stands at 118/147, in terms of per capita income, we are at 136/194, the literacy rate is 145/178 and finally, among the world's healthiest countries, India stands 71st out of 197 countries. And when we talk about progress, we must also ask, is it safe? For everyone? For women, for children, for those whose voices aren't always heard? India's space missions and digital revolutions make headlines, but in towns and cities, women still confront the fear of walking home after dark, and survivors of gender-based violence often face silence instead of support. As we speak about eco diversity, let us also speak of human dignity because a truly developed nation is not just measured by the height of its buildings, but by the strength of its values. I'd like to finish off with a quote by Rabindranath Tagore: "Patriotism cannot be our final spiritual shelter; my refuge is humanity"

Richa Edkey and Parv Dhawan, Students 12 Deneb



Field Trip Memoir

I'm excited to share my amazing adventure from our recent Class 3 field trip! We hopped on the school bus early, buzzing with anticipation for the day ahead. Our destination was the enchanting Pu La Deshpande Park, one of the most incredible places I've ever visited! We discovered a sparkling stream, towering fountains, and cool Minecraft-like trees. The colourful fish and beautiful flowers amazed us! The Japanese-style garden, with its flowing water and lush greenery, created a peaceful oasis. When it started to rain, we rushed to a cozy gazebo for shelter, enjoying the stunning view. After the visit, we happily munched on our snacks, recharging for more fun! Soon, it was time to head back to school. This unforgettable trip taught me how vital nature is in our lives and how spending time outdoors brings so much joy. I can't wait for our next adventure!

Rian Ranjith, Student 3 Sirius



Behind the Oven-Our insightful Internship!

During our enriching internship at SP Food Products Bakery, we actively participated in the preparation of a variety of baked items such as soft sponge cakes, freshly baked garlic bread, and the classic bun muska. Under expert guidance, we learned the importance of precision in measurements, temperature control, and timing—crucial elements that ensure quality and consistency in bakery products. We also looked at packaging and distribution—how the equipment preserves freshness of products, how labeling and coding are handled, and packaging for a variety of customers.

We were impressed with the efficiency of the bakery operated by a committed team of 15–20. Their coordination is the key to making deliveries on time every day. We were also positive about their expansion plan with a new outlet in Bangalore. We can enhance cleanliness standards, regular sanitizing, glove use for food preparation, equipment upgradation, and vegetarian and non-vegetarian segregation. This internship provided us an insight into the managerial and technical sides of operating a bakery, where passion and precision are complemented with business sense.

Prajwal Shankar and Pronit Samal, Students 12 Deneb



Sleep

It is essential,
It is amazing,
It can be called lazing,
But it is worth praising.
Tiredness it razes,
It opens your
imagination,
Your consciousness
rises,
It is a free vacation,

It gives your body rest,
It keeps you in the pink of health,
It is about time we confessed,
We do a lot of it in stealth.
Living beings can sleep anywhere,
It's a miracle,
But it could also give a nightmare,
But when? It is unpredictable.

Maneet Desai, Student 7 Vega

Read, Relax, Repeat- It's DEAR Hour

DEAR Hour stands for Drop Everything And Read. A special time is set aside in school when everyone stops what they are doing and starts reading. It is my favourite activity in school. The entire school goes silent for an hour with students and teachers reading books such as comics, novels, short stories, and more. This activity improves reading skills, vocabulary, imagination and also enhances our knowledge. Additionally, it enables us to speak English more fluently. After reading, we also share the gist and the values we learnt from our readings, which also makes us a confident speaker. DEAR Hour is conducted once every year in our school but it is so enjoyable and beneficial that I feel it should be conducted every week.

Sai Deep Hargunani, Student 6 Deneb



Have fun learning French!

La Terraphilie

La terraphilie, est Terra (Terre) et philia (amour et amitié), exprime un lien profond d'affect, de sollicitude et de responsabilité envers la Terre et ses multiples habitants. Aimer la Terre, c'est prêter allégeance aux animaux, aux plantes, aux formations géologiques et aux créatures surnaturelles, et repenser la place de l'humanité dans le réseau complexe et imbriqué de la vie.

Ce que nous faisons de mieux ne vient pas de notre tête, mais de notre cœur, d'une impulsion ineffable qui résiste à la logique, aux définitions et aux calculs : l'amour. L'amour est ce qui nous relie au reste du monde vivant, cette impulsion divine intérieure qui guide nos meilleurs pas dans la danse de la vie.

Face aux pressions croissantes du réchauffement climatique, de la perte de biodiversité et des inégalités croissantes, l'exposition se tourne vers l'art pour imaginer et nous orienter vers des façons transformatrices d'être au monde, mobilisant la parenté interspécifique, de nouveaux types de collectivités et la protection de la planète.

Terraphilia

Terraphilia —a term combining Terra (Earth) with philia (love and friendship)— expresses a deep-rooted connection of affect, care, and responsibility toward the Earth and its multitudes of inhabitants. To love the Earth is to pledge allegiance to animals, plants, geological formations, and supernatural creatures, as well as to rethink humanity's place within the complex, interwoven web of life.

What we do best comes not from our heads but our hearts, from an ineffable impulse that resists logic and definitions and calculation: love. Love is what connects us to the rest of the living world, the divine urging from within that guides our best steps in the dance of life.

In the face of the mounting pressures of planetary heating, biodiversity loss, and increasing inequalities, the exhibition turns to art to envision and orient us toward transformative ways of being in the world, mobilising interspecies kinship, new kinds of collectivities, and planetary care.

Interesting Facts!

- A group of flamingos is called a "flamboyance."
- Octopuses have three hearts!
- Bananas are berries, but strawberries aren't.
- Honey never spoils—it can last thousands of years!
- A day on Venus is longer than a year on Venus.
- The Eiffel Tower can be 15 cm taller during the summer due to metal expansion.
- Sharks have been around longer than trees.
- The human body has about 60,000 miles of blood vessels.
- A bolt of lightning is about 5 times hotter than the surface of the sun.
- Dolphins have names for each other—they use unique whistles to identify themselves.
- The coldest place in the universe is the Boomerang Nebula, at -458°F (-272°C).
- DNA is so compact that all the DNA in your body could fit into a space the size of a sugar cube.
- Saturn's rings are made mostly of ice particles and are very thin — some parts are just 10 meters thick!



Personality of the month

Tishani Doshi is one of India's most talented and inspiring literary figures. She is a poet, novelist, and dancer, known for combining grace with strength in everything she creates. Born in Chennai in 1975 to a Welsh mother and a Gujarati father, she brings a unique blend of cultures into her writing. Her first book of poems, *Countries of the Body*, won the prestigious Forward Prize for Best First Collection. Since then, she has published many poetry collections, including *Girls Are Coming Out of the Woods*, which explores important themes like safety, courage, and the power of women's voices. In addition to poetry, Tishani has written powerful novels like *The Pleasure Seekers* and *Small Days and Nights*. These stories talk about family, identity, and the search for freedom and belonging. Tishani is also a trained dancer, and she has performed around the world. Her understanding of rhythm and movement beautifully influences her writing, making her poems feel almost like dance. She is an example of how art, language, and passion can come together to create something truly magical. Her work encourages young people to express themselves, speak up for what matters, and explore the beauty of words and the strength of the body. Inspiring, fearless, and graceful - Tishani Doshi is a true star in the world of literature and art.

Rini Shibu Mathew, CT 7 Sirius

Tishani Doshi



Virtue Alone Ennobles

Resilience - In today's world, where every corner holds a dark shadow of sadness, pain, and doubt, it is easy to feel lost. It is at times like these, one needs to find the light within to be able to walk out with our stride steady and head held high.

Resilience is a virtue that is best described as the ability to bounce back to the state of 'normality'. In tragedies, stressful situations, and worst-case scenarios- screaming, not seeing any way out or feeling hopeless is normal. But how quickly you make up your mind and come back to your 'stable everyday-normal' state to tackle the problem is what we call resilience, to face them and learn from them. Resilience is not an inborn personality trait, it is a skill that is honed with conscious decision-making and willingness to learn.

For today's generation of children who find themselves in a myriad of picture-perfect world of social media, its influences, growing apathy, and lack of connection with their own emotions, being resilient is a survival skill.

I suggest this simple start -

Write down 3 things that went okay even on tough days. When something goes wrong, ask yourself:

- What can I still do?
- Who can I talk to (if needed)?
- What's one small step forward?

Trying to fit into the mould that is set by people you don't know personally, pushes one to have low self-esteem and low confidence. That's when your resilience must speak louder than external voices.

Resilient enough to see beyond the pressure to blend in, resilient enough to grow in the right direction despite the pressure to make "cool" choices that you don't agree with, and resilient enough to overcome your own worst enemy- your self-doubt.

Rashmi Bari, School Counsellor



Teachers' Corner

Chrysalis Training for Teachers (9th June)

The Orbis School conducted an Initial Professional Development training for teachers, led by Ms. Kajal, who revisited the Facets of Thinking. The workshop aimed to introduce the Chrysalis curriculum through interactive teaching methods focused on holistic student development. Teachers engaged in group discussions and hands-on activities to enhance classroom integration. The Chrysalis team showcased various learning modules and digital tools that promote joyful learning. As a new teacher, I found the session both enjoyable and insightful, offering valuable ideas for my teaching practice.

Ruchira Powar, CT 3 Vega



First Parent-Teacher Meeting (5th July)

On a Saturday morning, the First Parent-Teacher Meeting for classes 6 to 8 was organised. In order to work in tandem with parents and direct the students towards their best by working in areas of improvement, this interaction was an attempt to share the scholastic and co - co-scholastic performance. Therefore, suggestions and feedback were shared by the educators making it a productive session.

Richa Acharya, CT 8 Rigel



Parents' Prerogative

The Orbis School's well-organised approach to syllabus completion is commendable, consistently ensuring that academic goals are met without compromise. This structure provides students with a clear and timely pathway to mastering their subjects, reinforcing a strong foundation for their academic success. I am grateful for the school's dedication to maintaining such disciplined and effective academic planning.

Dr.Pooja Nigam, Parent Aadi Nigam 12 Rigel



Ragini K, Student Class 7



Ragini K, Student Class 7



Devansh Nile, Student 9D



Based on your reading about the personality of the month, try to answer these three interesting questions:

- 1) Who is Tishani Doshi and what are her main areas of work?
- 2) Name one of Tishani Doshi's poetry collections and one of her novels.
- 3) How does Tishani's background in dance influence her writing?

From the Editorial Team:

The Heart of a Leader

A leader treads on rare ground and steps,
A little here, a lot there consistent path,
They're not just a leader; they're a guide who helps,
They lift the whole to share in the unjust.
They speak in truth; they listen a lot,
They help to think, and at times open a door,
They weather storms and grow in peace,
They are light, and their light is soul.

They don't just lead by force of will,
They lead by doing, considering, and
accepting will.
For you see, real leaders don't make
demands -
They first make the ride, and in time they say:
"Join me; together we will elevate ourselves.
It requires dedication, but we will accomplish
it."

Rushabh Potdar, Student 8 Sirius



Chief Editor - Rina Anthony/Vaishali Desai
Co-Editor, TOS 2 - Akshaya Abilash, Pooja Nair, Tincy Simon, Jenny Bajaj, Amreen Sabuwalla
Student Editors- Editorial Club Members

Thought for the month

"Dream big, learn constantly, and give generously—that's the path to greatness."

