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From the Principal's Desk

Is it really difficult to overcome our weaknesses?

Strengths and weaknesses contribute in building our personalities. Our abilities help us to build confidence, but the unfavourable outcomes are a result of our weaknesses. If we could eliminate these impossibilities from our dictionary of life, we could evolve as leaders.

Let us begin with no procrastination in identifying our areas of improvement. It is only when the critique in us introspects, that we get acquainted with our real selves and what follows is acceptance.

There is an established correlation between acceptance and success, focus on making a bold start in overcoming our weaknesses. Perhaps the biggest hiccup before taking up a new task is the fear of failure. Albert Einstein rightly said, "Anyone who has never made a mistake has never tried anything new." These failures are steppingstones to success, don't get scared. Make a concise plan to work on the areas that need your attention, redefine them. There is no skill that cannot be honed with consistent effort and firm determination. If anyone can do it so can you, all you need is to push your limits and try to achieve. It's time to take a call and chalk out our plan of action.

The sooner we begin, the faster we emerge as winners.



Big News! Farewell for classes 10 and 12 (2nd February):

The farewell for the students of classes 10 and 12 was hosted by classes 9 and 11. The day commenced with a cordial welcome to the outgoing students. The arena was lit and aesthetically set up, befitting the occasion. After a short prayer, the teachers and the students of class 10 and 12 became nostalgic as they revisited memories. If the musical rendition added more colour to the vibrant atmosphere, the dance performances had everyone's feet tapping and games session brought out the child in everyone alike. Gopikashree Sampath and Aayush Vatal were crowned 'Miss Orbi-Star' and 'Mr. Orbi-Star'. The sumptuous lunch and delicious cake made everyone leave with a smile.

Prashamsa P, Student 11 Rigel



Flavours from our orchard

Public Places (4th - 8th February):

Interactions with people help us to socialize and be acquainted with society and our surroundings. To make children aware of places around, a class talk and discussion was held, where all shared information about places, visited by them. Relevant modules, as an audio visual aid were viewed by all, to get a better understanding of public places. This, along with pictures of community helpers and their role in keeping public places clean enabled the young minds to think of the need for respecting property and people. This was followed by a simple explanation on ways of keeping oneself safe in public places. It was an interactive discussion, understood by all.

Ashia Faruk, CT Jr. KG Orange



Living and Non-living Things (11th - 15th February):

To understand the concept of Living things and Non-living things, a well-planned set of activities and assignments were conducted through the week. Starting with simple actions of breathing in and out, moving the body and then comparing with things around that do not breathe or move, made it easier for the children to understand and differentiate between the two. To reinforce the topic, audio visual modules were shown to the class. The students stuck pictures in their books, showing themselves at different stages of growth. It was a holistic approach to learning using different skills.

Sangeetha Row, CT Sr. KG Mango



Orbisports Kids - Track and Field Event (13th February):

Keeping physical fitness in mind, a Track and Field Event was conducted in school. To help the children inculcate different values on the field, the students were made to participate in various races such as the flat race, hoola hoop race and obstacle race. The spectators motivated the participants with great vigour and excitement. The little athletes carried home medals and certificates. This kept the toddlers in high spirits and was a motivation to participate in future events.

Ashia Faruk, CT Jr. KG Orange



Zoommer Activity (18th February):

Physical activity is a good way to build competence, endurance and confidence. The 'Zoommer activity', newly introduced in The Orbis School Pre-Primary wing, is loved by the children. The demonstrations and colourful equipment energise them and motivate them to participate actively. Zoomer, not only helps in building physical strength, agility but also enhances fine motor skills, eye-hand coordination, attention span, self confidence and team spirit. The engaging fun activities like balancing on the beam, cross the hurdles, one-arm strike with table tennis rackets and balloons keeps the young learners high spirited and results in top notch enthusiasm.

Amrita Kar and Ashia Faruk, CT Sr. KG Apple, CT Jr. KG Orange



Indoor and Outdoor Games (18th February - 1st March):

Sports and games are an integral part of a student's life. Indoor activities like solving puzzles and building blocks help in developing better concentration, patience, gross and fine motor skills and a spirit of healthy competition. Outdoor team games such as cricket and football help in building team spirit and camaraderie. Learning was further enhanced through audio-visual aids and discussions, in class. It was a pleasure to see how much the children enjoy the indoor and outdoor activities.

Aditi Joshi, CT Nursery Apple



I Know More, I Grow More



Visit to Orphanage (1st February):

The Interact Club members paid a visit to the orphanage BVJSS (Bhatkya Vimukta Jati Shikshan Sanstha) in Wagholi. We interacted with the children of BVJSS and enjoyed many activities together. As a token of our love, we gave handmade bookmarks and other gifts to them. It was an immense learning experience which made us understand the challenges faced by those who do not have parents. The members of Interact Club pledged to lend support and assistance to our orphan friends, whenever and in whatever small way we can. It was a quite an overwhelming experience, for all of us.

Katyayani Pal, Student 7 Vega



Robotics Challenge Week, Classes 4-8 (4th - 8th February):

"Robotics and other combinations will make the world pretty fantastic compared with today" - Bill Gates.

These words rung true when Orbiens took part in the Robotics Challenge to prove that creative minds can invent and discover new possibilities. Class 4 made robots for a hi-tech playground, classes 5 and 6 designed obstacle gripper bots, classes 7 and 8 designed robots using Infrared sensors to detect objects and to follow a given path. The challenge was not just to test one's ability but also dared the students to think out of the box.

Seema Bhandarkar, ST ICT and Robotics



Visit by Zilla Parishad Students (5th February):

If personal hygiene is the first step towards reaching the goal of Clean India, the next logical step would be keeping our surroundings clean. The members of the 'Each one Teach One Club', reached out to the children of the Zilla Parishad school, with an objective sensitizing them on the needs to keep themselves and their surroundings clean. This important message was transferred to them through an interactive session, which began with a movie. Members of the 'Each One Teach Club', came forward with a lot of zeal and determination to achieve their goal. The visiting students were enthusiastic, polite and eager to learn new things. The presentation was followed by a distribution of gifts and some snacks, which all enjoyed, making the day a worthwhile one, of learning together.

Shefali Ambasta, CT 7 Rigel



Interact Club Fight Obesity Campaign (5th February):

The Interact Club took a great initiative for the project 'Fight Obesity' and organised an awareness campaign. Students wrote poems, slogans, songs and made display charts for the campaign during the club periods. The members rallied, shouting slogans like "Eat right, be right, eat wrong, suffer wrong", with the objective to encourage healthy eating habits among students. We thoroughly enjoyed being part of this enlightening, informative and creating awareness campaign.

Dhairya Sharda, Student 7 Sirius



CCADisplay (6th - 8th February):

The Orbians were eager to showcase what they had learnt in the club periods throughout the academic session. The much awaited Co-Curricular Activity display was spread over three days, where students got the opportunity to exhibit their fair share of talent. All the presentations and the performances were conducted, not only to display what the students had learnt, but also to give the students an idea of which club they could choose in the following academic year.

Videep Gupta and Anshika Charan, Student 9 Sirius



ICTRC Workshop (8th February):

A Regional Summit of School Principals on Childhood Depression-Identification, Prevention and Intervention was organized by ICTRC; which was attended by around 70 delegates. The objective was to equip school Principals with knowledge, skills and attitudes which are simple to adopt and inculcate, in everyday practice and easily transferable to teachers, students and parents.

WHO projects that depression will be the number one global health problem by the year 2030. Like many other mental disorders, there is a stigma attached to depression. Childhood depression should no longer be trivialized, taken lightly, brushed off or denied. Schools play a significant role and therefore the workshop aimed at sensitizing the heads, which in turn would sensitize their teachers. The two speakers, Professor Keshav and Dr. V.S. Ravidranan, are renowned educational psychologists and trainers; who gave a worthwhile insight and was indeed very enriching and stimulating. Participants left the room acquiring knowledge and awareness on the topic depression, also realizing the responsibility to be shouldered by them.

Swapna Phulphagar, CT 6 Antares



Rotary Club Meeting (13th February):

The Rotary Club organised the second meeting for student Presidents and Secretaries of 'The Interact Club' of various schools. The students explained the tasks and activities that they had conducted during the entire year. Many new ideas and activities were shared, that can be incorporated in the upcoming year. Students also had fruitful interaction with the President of Pune Rotary Club. It was exciting as well as informative visit.

Neel Butala, Student 7 Sirius (Student President of Orbis Interact Club)



Seminar of Smart City (14th February):

A workshop organised by Times NIE was designed to give young talent an exposure to the world of journalism. This objective was fulfilled as many students said that they would now consider it as one of the options while choosing a profession. All the scheduled segments were a great opportunity given to students from across Pune, to get a chance to know more about our city and become active citizens. Mr. Rajendra Jagtap, the CEO of 'Smart City Plan' graced the occasion and enlightened us about their future plans for the city. "It is not the city that makes people smarter, but it is the people of the city who make the city smarter", a learning that I brought back home.

Simran Srivastava, Student 10 Vega





Thinkroom Day (15th February):

Thinkroom Day was celebrated at The Orbis School and it emulated the hope and aspirations of our students in becoming little geniuses of today and tomorrow. The little scholars of classes 1-3 showed their creativity and talent. The event was organized to provide a platform for the students to unleash their potential by showcasing their knowledge, creativity, skills and talent. Meticulous preparations helped students to work in teams on various topics like ranging from Money, Time, Calendar in Maths to 'Being Water Wise'. Right from selecting quirky names for their teams, designing their badges to displaying their innovative ideas and creativity through charts, students exhibited a brilliant show of cooperative and collaborative learning throughout. On the day, the students impressed the parents with their effective presentation. Ms. Akanksha Kumar, from the Thinkroom team, was delighted to observe the students' self-confidence. It was indeed a wholesome and fruitful learning experience for all and in line with the Orbis motto: Celebrate Learning!

Kaveri Venkatesh, CT 3 Antares

Workshop on Adolescence for Girls, Classes 6-8 (20th February):

An interactive and progressive workshop on adolescence was held for the girls, by Ms. Adwitiya Verma, Miss Teen India 2014, Runner-Up and Face of India National Winner. She is also associated with the Nine Movement. The Nine Movement is a plan that aims to tackle the taboos associated with menstruation, by engaging people of all genders and ages to come together and promote menstrual hygiene awareness. The session started with an interactive game and moved on to understanding the various changes in the body, during puberty. In the course of the discussions, students were told to maintain a healthy diet, be active on all days, be it their menstrual or otherwise. It was a highly engaging workshop and all were given opportunities to ask, share and speak without inhibitions.

Neha Varadharajan, Student 7 Rigel



International Mother Language Day, Classes 4 - 6 (21st February):

The day was celebrated in school, musically, through art and through speech. Students of class 4 came prepared for the elocution, in their respective mother tongue. Students of class 5 sang songs in regional languages. The songs were soulful and everyone felt connected because the best expressions are those which we share in the language that we speak with our family at home. Students of class 6 made posters with their ideas and thoughts artistically designed and written in their mother tongue. A captivating time altogether!

Annual Assessments (1st - 15th March):

Assessments are important to understand learning better. It is a motivation for students and a good gauge to measure the degree of learning and what one needs to do to better oneself. The first two weeks of March saw the entire school, take the annual exam. The students reached the classes allotted to them in time and diligently answered the annual exam. It was a time to focus and prepare for the best results.



Last Working Day (13th March):

After getting relieved from the annual assessment, students looked forward enthusiastically for a fun filled day when the lower primary celebrated the last working day for the academic year. Various activities were conducted for the students. Children warmed up with a quick PT session, followed by dance. Skating display was the highlight of the day, where students displayed various skating styles with utmost discipline and perfection. All then shared delicious snacks. They were excited and at the same time a little sad about leaving their class teachers, who wished them luck for the new session and the future



Promotion Day (19th - 23rd March):

Assessments have to be followed by results. The promotion day brings with it excitement, anxiety at times, and the thrill of receiving the promotion card; showing a successful year leading to yet another year of more learning and fun. On the promotion day, the students who excelled in various subjects received certificates of excellence. It was also a day, when all students bought their books for the new academic year.



Club of the month

The Science Club aims to inculcate scientific temper among students and help them appreciate the wonders of science. It is a unique platform where students showcase their ideas which have often left the members awe-struck. Over the course of this year, the students spent a lot of time researching and learning the concepts, extending knowledge to others and developing rational and scientific approaches towards day-to-day decisions. The project, 'Let food be thy medicine', was conducted to propagate ideas on how certain foods can act as medicine, and the recipes of these dishes were also shared to make it feasible for everyone to include in their diet. Overall, it has been a great experience at the Science Club and we are looking forward to an even more scientifically charged atmosphere next year!



Special Assemblies

Thanksgiving Assembly (13th February):

The academic year 2018-19 has finally come to an end. Many contributed on the front line and many behind the scene, making it a success, both for the teachers and the students. To convey their gratitude to everyone, the students of class 2 Vega conducted an assembly on the same. The word of the day was 'Gratitude'. The children conveyed their gratitude to the teachers, parents, to the God for making them who they are and to all the help staff in school. The session ended with a story on how we need to be grateful for the gifts which God has given us.

Nalini Saklani, CT 2 Vega



Marathi Diwas, Classes 1-3 (27th February):

We honour all languages and cultures, thus young Orbians celebrated Marathi Day with great pomp and enthusiasm. There was a special assembly wherein information about Marathi Day was shared with the students. Books rich in Marathi literature were spoken about and a traditional lezim performance was thoroughly enjoyed by all. The students were made aware of the poet Kusumagraj, whose birth anniversary is celebrated as Marathi Language Day. Children too shared their thoughts on the day. Dance and music filled the air with gaiety and feeling of glory.

Olivia Mamani, CT 3 Polaris



Our Green Ways

"In nature, light creates the colour. In the picture, color creates the light." In nature club students performed a painting activity 'My Spring My Season'.

Students worked in groups, sketching and painting pictures of flowers. They enjoyed performing this activity and came up with beautiful, creative expression of their imagination and expressed nature in their own innovative ways.

Ruby Karat, Science Teacher

I did it



Here are some special achievements of our students that happened beyond the school premises, in Inter School, Inter City or Open competitions! We applaud the effort. Keep Shining!

Inter-School Elocution Competition (8th February):

Ayush Barnwal, Sr. KG Mango and Shrestha Sharma, 4 Vega participated in an inter-school elocution competition, at St. Mira's School. Congratulations to Shrestha Sharma on winning a consolation prize. Our fledgling speakers showed great promise and displayed commendable confidence.

Kushboo Puri Kohli, CT 4 Sirius



24th WFSKO Karate Championship (11th January and 10th February):

A karate fight competition was organized by Universal Shotokan Karate-Do Association. More than 23 schools participated in the competition and the Orbians made us proud by winning 9 Gold, 2 Silver and 3 Bronze medals. The winners participated in the 24th WFSKO Karate Championship on 10th February in Mumbai where participants from various states participated.

Student winners at Pune:

Gold: Aayan Joshi, 2 Deneb, Nishad Pokale, 3 Polaris, Om Singh and Nimish Parundekar, 4 Deneb, Lakshith Kondregunta, 4 Antares, Aryan Koli, 5 Deneb, Samrat Kanse and Nandini Sharma, 5 Rigel, R. Naren Karthikeyan, 8 Deneb

Silver: Avanish Bisht, 2 Vega, Dhruv Rai, 5 Rigel

Bronze: Yugansh Rathore, 5 Rigel, Sanjana Sawant, 6 Vega, Owaiz Khan Pathan, 6 Sirius

Student winners at Mumbai:

Silver: Owaiz Khan Pathan, 6 Sirius, Nimish Parundekar, 4 Deneb

Bronze: Samrat Kanse and Yugansh Rathore, 5 Rigel

We congratulate all the winners and the participants and wish them luck in the future with more medals to be won.

IPL Skating Competition (24th February):

Congratulations Poushali Parida, class 7 Vega on securing the 3rd place in the IPL skating competition held at Maharashtra Mandal.



SOF International Mathematics Olympiad Results (Classes 1-8)

We are proud to announce the list of awardees of the IMO.

Class	Student Name	School Rank	Zonal Rank	International Rank
1	Anishka Varshney	1	216	239
1	Sachet Dunderwal	2	780	937
1	Dhruva Yadav	3	810	974
2	Tanmay Pandey	1	20	20
2	Naitik Bisani	2	42	42
2	Jashith Sharma	3	274	327
2	Swarit Patni	4	294	350
3	Avi Sheth	1	36	40
3	Ojas Nitin Wable	2	38	42
3	Divyansh Singh	3	49	53
4	Devansh Agrawal	1	15	55
4	Neel Godbole	2	93	111
4	Aryan Agarwal	3	94	112
4	Ayush Jain	3	94	112
5	Nishkarsh Kumar	1	385	800
5	Jhanvi Pendyala	2	537	1112
5	Ridhiman Gaikwad	3	640	1307
6	Anvi Parode	1	401	814
6	Vidit Galatagi	2	448	890
6	Aditi Das	3	531	1057
7	Rishabh Kumar	1	402	952
7	Nishi Shah	2	704	1565
7	Naga Vaishnav G V	3	1176	2583
7	Prajyot Nula	3	1176	2583
8	Aayush Kumar	1	837	1978
8	Riddhi Ranaware	2	1525	3397
8	Aman Morghade	3	2218	4735



Yashvi. Satardekar. 2V

Inter – School Art Competition (9th March):

Congratulations Lakshita Pattnaik, class 4 Sirius, on bagging the third position in the Times NIE Colour Splash competition. There were about 650 students from around 90 schools. Along with the trophy and certificate, she received a Printer too.



SOF National Cyber Olympiad Results (Classes 2-8):

We are proud to announce the list of awardees of the NCO.

Class	Student Name	School Rank	Zonal Rank	International Rank
2	Lakshyaraj Singh	1	32	46
2	Mitansh Singh	2	46	64
2	Swarit Patni	3	55	76
3	Manasij Mondal	1	34	50
3	Divyansh Singh	2	68	91
3	Shivansh Singh	3	99	127
4	Shilok Deshaval	1	26	42
4	Darsh Vijay	2	50	72
4	Devansh Agrawal	3	63	87
4	Trishna A Kumar	4	104	144
5	Nishkarsh Kumar	1	15	67
5	Jagrat Prashant Gupta	2	199	261
5	Vasistha Kshatriya	3	139	289
5	Kaarunya Anklekar	4	156	311
6	Anvi Parode	1	50	163
6	Pratik N Bendgude	2	119	267
6	Kratika Gupta	3	197	387
7	Naga Vaishnav G V	1	48	95
7	Lubdhak Mandal	2	60	115
7	Riddhi D Narkhede	3	67	123
8	Samriddhi Bharadwaj	1	123	297

Congratulations to Avi Sheth, Ojas Wable, Divyansh Singh, Class 3, Devansh Agrawal, Neel Godbole, Aryan Agarwal, Ayush Jain, Class 4, Nishkarsh Kumar, Jhanvi Pendyala, Class 5, Anvi Parode, Vidit Galatagi, Aditi Das, Class 6, Rishabh Kumar, Class 7, and Ayush Kumar, Class 8 for qualifying for the 2nd Round!



Impressions and Expressions

Exams

This word is no less than a game,
Sometimes you win, sometimes you fail.
Have to practice and study hard,
Only after that will you get A's on your card.
The pressure is like a balloon,
Pushing from all sides.
But the one who's giving the exam,
Has to go through a bouncy ride.
The syllabus is vast,
And mothers on fast.
Studying day and night
Makes tension tight.

On the day of result,
The heart beats faster.
And the students think,
Have we mastered?

Kanakdeep Kaur Sohal, Student 7 Vega



Born to Succeed (Sequel of 'Born to Die')

Owing to my duty, I couldn't grieve and
definitely couldn't cry,
Cause I was the wife of the soldier,
Who was "BORN TO DIE"
My heart understood that,
I would always come second and
His country would be loved most,
I was obliged cause I knew that the border
was the ocean,
He was a wave and I was his coast.
Thinking of that one particular battle,
My eyes watered and my belief lived in doubt,
I despised that memory to the core
But never let a tear flow out.
Cause he never wanted his men to succumb
to the fact that he had slept,
And I lay worried that overtime with
the strong Gale of the battlefield,
His sacrifice would be swept.
My soul still lives consoling itself
that he always had a will to strive,
And it surely lives for our son, who just turned five.
He often asks about his father and
for the answer, he would cry and plead,
I would simply ask him to stay strong
For he is the son of his father, BORN TO SUCCEED.

Saloni Manglik, Student 11 Antares



Born to Die

I grew up with a dream of serving the nation,
With pride in my heart and strength and
determination.
I trained with all my grit and might,
Hoping I would be at the border that night.
I carried on this journey,
To repay the debt the country had bestowed
on me.
But, deep down I did know what would
happen that night,
A wound that would pierce all my might.
I fought in sweltering heat and extreme cold,
So that the young live on to get old.
But, only after sometime my dream came true,
So did the intuition about the night I had thought - through.
I still fought and gave my best,
In the hope that I would finally rest.
And when I died, all I wanted was my mother not to cry,
But to tell her I would always be apple of her eye.
I wanted my father not to grieve,
But to tell him I was by his side and would never leave.
And at last, I wanted my nation not to cry,
Because I AM A SOLDIER, BORN TO DIE.

Varshith Reddy, Student 11 Rigel



Tech - The Upgraded Brain

Life isn't really life anymore,
As nowadays technology has become life.
Why to talk in person, when I can chat online?
After all, I have more friends on social media!
Our world is so digital,
And critical thinking, no more needed.
Reality is now confirmed in a
6-inch smartphone screen.
We can't see,
We are blinded by the light coming from our phones,
A home, hub of 'chrome'
Is now a just a button we press,
To escape the mess of a
Multi tasking establishment.
We walk past one another,
As if human interaction is an outdated software.
Our updated status have downgraded,
The muttered sounds of different conversations.
As humans we were born with this quality
But we have programmed our brains to believe
That technology is our reality.

Anish G, Student 8 Vega



Have fun learning French!

Bonjour! Soon it will be summer, so let's learn some expressions related to this season.

J'adore l'été!	(ja-dor le - te)
Il fait beau!	(il - fay - bow)
Je suis en vacances!	(je - sui - on - vaa - cons)
Il fait du soleil	(il - fay - du - solay)
Quelle chaleur	(kel - shalur)

I love summer!
What a beautiful day!
I'm on vacation!
It's sunny!
What heat!

So, let's use these expressions and sound more French this summer! Enjoy learning!

Namith Sarode, Student Class 10 Sirius



The Magic Paper

On a windy day,
Snoozing by the hammock, I lay
Which rests in my balcony,
With my favourite toy - a pony.
From somewhere a magic paper flies,
And strikes against my face,
It told me to write my dreams,
And see the magic it brings.
For my astonishment,
What it told, came true,
And my brother got to know,
About this magical mystery.
At dawn, the next day,
He stole it to my dismay,
And his only wish, he wrote on it!
But to our surprise
Nothing happened,
The magic paper created magic
Only to pure hearts without logic!
G.V. Naga Vaishnav, Student 7 Vega



My Trip Inside a Giraffe's Neck

Once I went to the forest,
The things there, were the best.
Everything was green, so very green.
Till I saw a giraffe, having it's morning tea.
I saw a calf, with a drooling mouth and a half,
It was crying, my heart was dying.
And WHOOOO!!! I jumped,
And sliding down its neck, I reached its lungs.
I punched, I Kicked.
His stomach popped. My jaw, it dropped!
And suddenly, I saw colour of green and yellow,
Black and brown, I was still going down!
I remembered, the creature which looks like the Eiffel tower,
Eats leaves and flowers.
Eww! Eww! Eww! What a stinky smell!
It was like an hour in hell.
I was about to vomit
Or was it the giraffe?
Aaah! It was him! What a bang!
My head on the ground, a tremendous hit!
Dhruv Rai, Student 5 Rigel



If the World were Made of Chocolate and Honey

If the world were made of chocolate and honey,
The world would be very yummy,
Buildings of chocolates, factories of honey,
Oh it would all be so funny!
At breakfast strawberry jam, at lunch mango jam,
Everyone would stop us,
Especially our ma'am.
If it be true, it would be a laughter,
If it be true, all'd be at the doctor.
We would play with a chocolate gun,
Teachers would give a chocolate test, What Fun!!
Slides of honey, swings of cream,
Alas! I know it is all a dream!
Atharv Bothara, Student 5 Deneb



A Black Dot's Fate

Once upon a time,
There was a black dot.
It was sad for being kept,
In a big, black pot
It one day decided,
To go to the pond.
It wanted to meet fish,
And make an eternal bond.
The Dot started to,
Pack its bag.
And packed a bottle,
Which wasn't easy to drag
It started for a place,
Which was far away (As per him!)
It started at the time,
When the light wasn't dim.
The Dot went up rocks
And stones, all alone.
There was no friend,
Life seemed a drone.
It ended the journey,
(And its life!)
When it met the goldfish,
Who had killed his wife.
Nobody knows,
What happened next.
May Dot's soul
Have a good rest.
Ayush Biswas, Student 5 Rigel



Personality of the month

Manasi Pradhan

Manasi Pradhan (born 4 October 1962) is an Indian women's-rights activist and author who is globally recognized as a foremost voice for women's rights. She is the founder of 'Honour for Women National Campaign', a nationwide movement to end violence against women in India. In 2014, she was conferred with Rani Lakshmbai Stree-Shakti Puraskar by the President of India. Along with Mary Prema Pierick, global head of the Missionaries of Charity, she won the 'Outstanding Women Award' in 2011. Pradhan is widely regarded as one of the pioneers of the 21st century global feminist movement. She is frequently featured among World's top activists and authors by prestigious international publications and organizations. In 2016, the New York based Bustle (magazine) named her among 20 most inspiring Feminists Authors and Activists... In 2017, the Los Angeles based Welker Media Inc. named her among 12 most powerful feminist change makers. In 2018, the Oxford Union of University of Oxford invited her to address the union, putting her in the league of eminent global icons like Albert Einstein, Stephen Hawking, and a host of world leaders who have addressed the union. She is the founder of Nirbhaya Vahini, Nirbhaya Samaroh and OYSS Women. She has served on the panel of Central Board of Film Certification (Censor Board) for India and Inquiry Committee of the National Commission for Women. Born to a poor family in a remote village of Odisha, she successfully fought the widely prevalent social taboo against educating women, walked 15 km daily amidst hilly terrain and swamps to the only high school in the entire region to emerge as first woman matriculate of her village and subsequently the first woman law graduate of her region. The inspiring life story of Manasi Pradhan has been adopted as documentaries in United States and Israel.



Virtue Alone Ennobles

What better way than to get inferences out of children, through thought, reasoning and action, especially when it comes to values of life or rules for better living. A class discussion began on what stresses the mind and body the most. Many came up with responses such as the pressure of examinations, being reprimanded by elders, keeping up with wrong actions, being ignored by friends and so on. This led to the obvious. What are our stress busters? Sharing with parents, reading a book, sleeping, playing a game, crying, blowing a balloon and many more. On asking the young minds what generates and gives them strength, one was overwhelmed with the replies. Helping mother lay the table, making a cup of tea for father, standing up for a friend, feeding an animal, believing in oneself and having the confidence to succeed. These are to name just a few. This is the true essence and meaning of resilience. To be resilient emotionally, mentally and physically and have a positive state of mind in order to deal with pressures, failures and achievements in our stride. A value for survival, a value for success, a value for inner happiness and a value for life.

The national bird day has now come.

Bhumi Deshpande, Student 7 Rigel



Teachers' Corner

Workshop for Math Teachers (4th February):

The Mathematics Teachers attended professional enhancement workshop at GG International school, giving insight into the latest teaching methodologies in the process of effective teaching in the classroom. Mrs. Jonaki Ghosh briefed the participants on learning mathematics through problem solving which can help the students to construct their own ideas about mathematics and to take responsibility for their own learning. She emphasized on different techniques like using visuals, making connections using formative assessment and teaching strategic thinking. It was overall a wonderful enriching experience.

Deepali Verma, CT 8 Vega

Health Check Up and Workshop (13th February):

The school organised a health checkup camp by the Columbia Asia Hospital for the staff. The components of the health screening camp were height, weight, BMI, Random Blood sugar, Blood Pressure and physician consultation. This was followed by a short lecture on kidney care that was conducted by Dr. Shraddha Lohiya, Pediatric Nephrologist. She explained the importance of daily exercise, intake of right kind and amount of liquid, importance of a balanced diet, how to get children to eat nutritious food, avoiding junk food. The doctor also explained the reasons for occurrence of problems like kidney stones, bladder problems, high blood pressure and urinary tract infection in young children at a very early stage. This was an interactive and informative session for all the staff of the Orbis School.

Medha Bhalla, CT 1 Rigel



Staff Picnic (23rd February):

At Orbis, we believe that excursions are a perfect way to expand one's horizons. That is why, an outing was organized to provide an opportunity to all the members of the Orbis staff to bond with each other and at the same time giving each one of us a break from our hectic schedules. We visited the Serrano Farms, Mulshi. Surrounded by greenery, the place was serene. We were treated with scrumptious meals and a variety of adventure sports. In the scorching heat, nothing could be more refreshing than the rain dance. Last but not the least, was relaxing on hammocks under the shades of trees. Escaping from the daily routine, it was a fulfilling day well spent with friends.

Farheen Shaikh, CT 2 Rigel



International Women's Day (8th March):

Revolutions bring change. In 1909 the Socialist Party of America, decided to celebrate March 8, every year as International Women's Day, in order to empower feminine power around the world. At the Orbis, we honoured the day by a cultural programme, which was attended by our school Directors Mrs. Saleha Faquih, Mrs. Lubna Faquih and Mrs. Shahnaz Faquih. The teaching and admin staff showcased their singing and dancing skills. The theme, 'Flaunt your Flaws' gave them an opportunity to share stories of their experiences.

Staff Club Party (18th March):

The end of the academic year, 2018-19, marked another successful term for the students, the teachers and the school. It was a year filled with activity, learning, growth and energy. To mark the end of the year, the entire teaching staff of both the branches of the Orbis School, met at Orbis 1 for lunch. The occasion was honoured by the presence of Ms. Lubna Faquih and Ms. Shahnaz Faquih. It was a time to sit back, relax and enjoy a hearty meal together.

Continuing Professional Development Workshop (27th - 28th March):

A two day workshop on continuing professional development was conducted by Team Chrysalis for all the teachers from Pre-Primary to class 5 of both the schools. Mr. Prahallad Shastri, Mr. Aditya and Ms. Akansha Kumar were the resource persons from Chrysalis who conducted interactive sessions that gave the teachers an opportunity to engage in meaningful discussions to adopt new strategies and techniques for effective teaching in their Thinkrooms. It was indeed a fruitful experience.

Farheen Shaikh, CT 2 Rigel



Parents' Prerogative

E-PTA Meeting (16th February):

The members of the Executive Committee of Parent Teachers Association met to discuss the matters of the house. The Secretary thanked the members for the support in shouldering their duties in the E-PTA. The parents also wholeheartedly thanked and appreciated the school and teachers for their dedicated service with a smile. The meeting concluded with a group photograph.

Parent Orientation (25th March):

A Parent orientation programme was conducted for the parents of the students moving from Sr. KG to Class 1 as well as for the parents of the students who have recently sought admission for their wards in The Orbis School, Keshavnagar. Parents were given a detailed explanation about the objectives and philosophy of the school. It emphasized on the provision of an ideal atmosphere and giving individual attention to each child, which ensures that every child grows and progresses to the best of his/her potential. Parents were made aware of the rules and regulations of the school. It was a platform where the parents' concerns were addressed. The academic and non-academic information of the school left the parents more prepared for the first day of the school.

Olivia Mamani, CT 3 Sirius



I can do it!

- Name a few women's organisations founded by Manasi Pradhan.
- Why was it difficult for Manasi Pradhan to go to school?
- What does the social movement 'Honour for Women National Campaign' do?



From the Editorial Team:

Happiness is Overrated

I have been asking this question to myself and others for a while now: Why is the concept of happiness on such a throne? Why are we chasing it and searching for it always? And why do we feel like a failure when we are not happy? Imagine people walking around with a robotic smirk on their face, nodding and saying, "Don't worry, it's all going to work out." While in reality, someone close to you has died, your partner and you are going through a rough patch, and your investments have lost 30% of their value overnight. Life isn't only about being happy.

Life is about experiences, all of them: good, bad, ugly and the amazing. Happiness cannot exist independently. Without pain, sadness and grief, happiness is just meaningless. Happiness, while being desirable, is overrated because, like pleasure, it's fleeting. It is almost always tied to favourable circumstances. Really, achieving and maintaining happiness is nearly about impossible. So, why not just live life without trying to pursue happiness, experiencing every good and bad thing in life and feeling every emotion possible? Why not pursue peace and contentment, something which you can find from within? For a fact, there are 1,568 more emotions to feel other than happiness, so why not feel them all!!

Sandra John, Student 11 Antares

Chief Editor - Raisa Braganza, Co-Editor - Anjali Srivastava, Sukhjeet Kaur, Student Editors - Editorial Club Members



Thought for the month

"The only good is knowledge and the only evil is ignorance." - **Socrates**

